

*free*

# Lunchtime Escapes

## JOIN US AT 1 PM

### TALKS

on TUESDAYS at 1.00pm - 1.45pm

**29 Jan 2019**

What more Might the Greek Myths  
Mean to Us?

**5 Feb 2019**

Tales from the Bench

**12 Feb 2019**

Ourselves to Know - Alexander  
Pope's Essay on Humanity

**19 Feb 2019**

- NO TALK -

**26 Feb 2019**

Wisdom of Women

**5 Mar 2019**

Cosimo de Medici

**12 Mar 2019**

Universal, Natural and Man Made  
Law in Economics

**Details are set out overleaf**

### STILLNESS & MEDITATION

on WEDNESDAYS at 1.00pm - 1.45pm

In our busy environment, constant activity without the chance of repose drains your resources physically and mentally.

To be inwardly still through the practice of meditation corrects the imbalance, relieves tensions and restores equilibrium. If you meditate or would like to experience stillness come and join a practice of meditation.

We will introduce the practice, have a quiet time together, and there will be the opportunity to ask any questions.

Take a moment of repose and restore your vital energy.

**Every Wednesday from  
23 Feb to 27 Mar, excluding 20 Feb**



Charity numbers  
313115 and SC039950

Tel: 020 7034 4000

School of Economic Science 11 Mandeville Place, London W1U 3AJ.

# TUESDAYS AT 1PM

(Attendees are free to bring lunch and eat during the talks)

29 Jan Nick de Mattos

What more Might the Greek Myths Mean to Us?

Nick will provide further food for thought following his perceptive earlier talk in this series on the same subject. There is no need to have heard the first talk!

5 Feb Madeleine Abramson

Tales from the Bench

Madeleine is an experienced magistrate. She will explain her role, illustrated by practical examples from court.

12 Feb Alan Roberts

Ourselves to Know - Alexander Pope's Essay on Humanity

An introduction to a 300 year old but ever-new verse essay, considering the individual, society, the universe – and happiness.

26 Feb Elina Grigoriou

Wisdom of Women

Elina has been at the forefront of raising awareness of women's roles in the development of philosophy. Here she will offer a flavour of wise women's teachings through the ages with extracts of their rich philosophical work.

5 Mar David Hipshon

Cosimo de Medici

Cosimo de Medici was a giant amongst men. David is sure to bring his normal witty and incisive view to the subject.

12 Mar Peter Holland

Universal, Natural and Man Made Law in Economics

Our concluding talk ambitiously sets out to explain the nature of Economic Laws at all levels. Peter's talks always produce a great discussion; come and be part of it.